

Early Intervention Program – Rehabilitating Children with Special Needs

(Progress Report- March 2022)

Early intervention caters to age group of **0-12 years** of child. **0-3 years** are the formative years of an individual life so if any intervention required, we can give as early as possible.



It has three stages **Early Prevention** wherein we aware through anganwadi workers to the pregnant women and their families of the vaccine like rubella vaccination and polio drops and the nutrition intake to have to control disability to newborn.

Second stage is **Early diagnosis** wherein we diagnosis or identify any symptoms which may lead to disability assessing the developmental delay and growth.

Third stage is **Early intervention** wherein we intervene through various therapy like speech, behaviour, occupational, psychologist and special educator. We have 2 early intervention centres in Ghaziabad and West Delhi and rehabilitated 2670 + children.

In Sarothak's Early Intervention the new enrollments in our Ghaziabad Centre- 4 kids.

Success stories at Early intervention Centers



Amrit– Sarthak Early Intervention Center

AMRIT is a 6+-year-old boy diagnosed with Cerebral palsy. He is a full-term baby, Delivery was held at the hospital, his birth cry was delayed and respiratory distress syndrome, His developmental milestones were delayed but his activity level was very slow thus doctor advised therapies to help the child and stimulate development.

His mother was very tensed and stressed when the first time they know about the problem choked and get emotional - why it happened to them and don't know what lies ahead in the future. we advised Occupational

Therapy, speech therapy program, and special education to overcome child's muscle tightness and increase muscle strength and empower parents with a range of exercises to carry out at home; initially, the child was not able to walk independently, had a problem of drooling saliva, the child was not able to speak and communicate, the child has an academic problem too, griping was poor. His mother came to know about Sarthak through calling, Telephonically Therapist took a detailed case history and suggest multiple interventions, weekly follow-ups were done with his mother and constant involvement with the child.

Due to the COVID-19 impact, online sessions are being conducted and regular follow-ups are done to train mother regarding activities. And at present child is able to walk some steps at home with support and he initiates in all activities and participates, Now the child is able to hold a pencil with the use of grippers and start doing scribbling, start identifying things like – fruits, vegetables, toys, etc. Looking at the child-mother is happy and delighted that therapies are helping the child develop and gain maximum independence.

Jatin– Sarthak Early Intervention Center



Jatin is 2years old diagnosed with cerebral palsy, he is a full-term baby, caesarian delivery with delayed birth cry and his developmental milestones were delayed.

His mother was very tensed and stressed when the first time she was told about the problem, she didn't know how would she manage. She heard about the sarthak through another child's parents, His mother came on center and give detailed case history we advised for Occupational Therapy, speech therapy and special education to overcome, so initially child does not speak , tightness on upper and lower limb, child unable to sit without support.

After association with Sarthak and regular follow-ups are done to train mother for exercise and at present child has reduced tightness, child is able to sit without support for 1-2 minutes, oro facial muscles slight increased. Looking at child mother is happy and delighted that therapies are helping, child develop and gain maximum independence.

Atharv– Sarthak Early Intervention Center



Atharv is 4 years old child diagnosed with Down syndrome. Her birth history reveals he was born a full-term baby, birth weight is age-appropriate (2.5kg), and delayed birth cry was present with normal delivery. His developmental milestones were Delayed. His parents were very worried about the child when they know that Atharv is downs syndrome child. They consulted with doctor and suggested for multiple therapy.

His mother came to know about Sarthak through calling, she got associated with Sarthak, enrolled for therapies after taking detailed case history, and noted chief complaint according to her parents such as He does not pay attention, does not speak, child does not walk properly, and does not hold things in hand.

After evaluation, we enrolled him for Speech & Occupational Therapy and special education. Due to COVID-19 impact online sessions are being conducted and regular follow-ups are done to train mother regarding activities. Gradually with telephonic and online session child has started improving and currently his attention skill is slightly improved, improved sitting span. Child is able to pick and hold toy in hand and pencil gripping also improved and child start doing scribbling. Atharv mother is happy that her child start learning things.

CALL FOR ACTION

Sarthak is running this program to prevent, identify and then eliminate the disabilities that are the biggest barrier to inclusion. Let's work towards ensuring that all the children enter school, equipped with the skills they need, to succeed. Let's work towards empowering persons with disability.

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